UNIVERSITY AND COLLEGE UPDATES

Faculty & Staff News

Congratulations to Dr. AbdelRazig and his wife and sons, as they welcome a new baby girl into their family! Yassir reports that baby Reema and her mother are both doing great!

Current Phishing Attempt - Tutoring - Beware

There have been several recent reports of a phishing attack that involves a request for tutoring for a high school student. There may be other variants, but we have seen emails with the subject “Tutoring” and coming from someone who says they are a parent needing an algebra tutor for their daughter. The emails we’ve seen specifically reference the college, also.

It appears that these are not legitimate requests, and should be ignored. Such phishing email are trying to obtain information from you that could be used for direct or social-engineering attacks.

Please be careful, especially with any unsolicited emails from unknown sources. When in doubt, contact CCS for help.

Gary Eggebraaten, MBA, PMP, CPM
Director, College Computing Services
Florida A&M University-Florida State University College of Engineering
gggebra@eng.famu.fsu.edu / 850.410.6334

CAAD Announcement - July 6, 2020

Summer C Mid-Term Flyers - Academic Integrity
- From Joshua Morgan
Here are more academic integrity flyers for your faculty/staff populations to distribute:
"Summer C Self-Care" Flyer - For faculty/staff to
share with students who may need a reminder to take reasonable breaks as they prepare to complete exams/projects with quality effort.

**"Mid-Terms Academic Integrity" Flyer** - For faculty/staff to share with students; contains a few study habits and student innovation ideas; also prompts students to engage in self-care and help-seeking behavior.

**"Research & Writing Resources" Flyer** - For faculty/staff to share with students; encourages students to familiarize themselves with and utilize the many writing, research, and citation services available at FSU. Hope these are helpful. More to come as we approach finals week!

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**Free COVID-19 Testing Site at Bragg Memorial Stadium**

FREE COMMUNITY TESTING: COVID-19 Testing Sites in Tallahassee-Leon County

- **FAMU Bragg Memorial Stadium** (1500 Wahnish Way Tallahassee, FL 32307)

**UPDATE:** Testing at the FAMU Bragg COVID-19 site is extended with no established end date but will be closed on Sundays starting Sunday, June 21.

FAMU has established a testing center for Tallahassee’s southside residents at the FAMU Bragg Memorial Stadium. The site is open from at 9 a.m. to 6 p.m. Monday-Saturday.

Free nasal swab test for active coronavirus for everybody. No insurance needed. No copayment. No doctor referral. Just show your driver's license.

The site accommodates walk-ups, but patients are encouraged to book appointments by calling the Leon County Health Department at (850) 404-6399.

Testing is free and open to the public. For more information about the testing site at FAMU Bragg Memorial Stadium, [click here](#).

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**Beware of Suspicious Communications**

**Florida A&M University Police Department** is advising faculty, staff and students to be aware of a mail scam that refers to a applying online for a job as a personal assistant. Do not cash any checks or follow any instructions in the letter. If you have received any suspicious communications contact FAMU PD at (850) 599-3256.

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**FAMU-FSU: Mental health services for our students**

Below you will find information about services offered, how to make an appointment and the Welltrack app. Our students wellbeing is vital to their success at COE and beyond. Please do not hesitate to reach out to me with any questions or concerns you may have. I am here to help.

**FAMU:**

[http://www.famu.edu/index.cfm?Counseling&OurServices](http://www.famu.edu/index.cfm?Counseling&OurServices)
Phone: 850.599.3145
Email: counseling@famu.edu

**FSU:**

[https://counseling.fsu.edu/](https://counseling.fsu.edu/)
Crisis support: 850.644.TALK (8255)
Email not provided. Students directed to call number above.
GRAD STUDENT AND POST-DOC OPPORTUNITIES

Open Applications: Beckman Postdoctoral Fellowship in Chemical Sciences or Chemical Instrumentation

Arnold O. Beckman Postdoctoral Fellowship in Chemical Sciences or Chemical Instrumentation: 2021 Program

Apply Here.
Closes: September 4, 2020 at 5 pm (Pacific time)
Guidelines and eligibility here.

About the Grant:
The Arnold O. Beckman Postdoctoral Fellowship is a two-year program (with potential for 3rd year renewal) that supports advanced research and/or instrument development by postdoctoral scholars within the core areas of fundamental chemistry. Research must be innovative in method, speed or process, or represent new instrument technology. This fellowship will be a catalyst from "mentored yet independent" postdocs to outstanding, independent researchers in academic or industry/governmental labs.

The Fellowships will be in two tracks (applicants will choose one):*

- Chemical Sciences will allow chemists to pursue advanced research within the core areas of fundamental chemistry, such as chemical physics, chemical engineering, and chemistry of materials research.
- Chemical Instrumentation will allow researchers in chemistry to conceptualize, develop and build instrumentation suitable to advanced research in chemistry, chemical physics, chemical engineering, and chemistry of materials science. Instrumentation projects must be suitable to the two-year fellowship timeframe, be driven by a need in the chemical sciences listed above, be innovative in method speed or process or represent a wholly new instrument for technical advancement in chemistry, and may potentially be used for future research in the broader scientific community.

*The fellowship is not intended to fund proposals that are supported by traditional NIH mechanisms in the fields of chemistry, chemical biology, biochemistry.

Award amount is $180,000 over 2 years for salary, fringe benefits and research expenditures. Instrumentation fellowships will receive an additional one-time amount of up to $100,000. Fellows receiving year 3 renewal award will receive additional $90,000.
For questions, email: aobpostdoc@beckman-foundation.org

Integer programming to be offered in Fall 2020
Sandia National Laboratories is beginning its campaign to attract qualified candidates for the Harry S. Truman Fellowship and Jill Hruby Fellowship in National Security Science and Engineering. I would like to request your assistance in circulating information on these opportunities to your PhD students. The deadline for applying is November 1, 2020. Please share the attached flyers and encourage your top PhD students in science or engineering to apply. Both Fellowships are three-year postdoctoral research appointments and will allow recipients to conduct independent research that supports Sandia’s national security mission and prepare them to advance in their field. The Hruby Fellows also participate in a leadership development program. Fellows may work at either principal Sandia location in Albuquerque, NM or Livermore, CA, and will receive a salary of $111,200. Candidates
must be able to obtain a security clearance, which requires U.S. citizenship, and be seeking their first national laboratory appointment. They must have been awarded a PhD within the past three years or must complete PhD requirements by commencement of appointment.

The following links provide information on how to apply. Contact Anna Barr if you have additional questions.

**Truman Fellowship**

**Hruby Fellowship**

The John von Neumann Fellowship for innovative postdoctoral research in computational mathematics and scientific computing, runs on a different schedule. Please encourage interested candidates to check the following link or contact Michael Parks (mlparks@sandia.gov) for more information.

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**TomKat Center Postdoctoral Fellowships in Sustainable Energy at Stanford University**

Designed to attract exceptional early-career researchers to Stanford University where they can receive postdoctoral training under the mentorship of Stanford faculty and explore new research directions in sustainable energy and its intersection with food, water, transportation, human health, or the environment. TomKat Postdoctoral Fellows will have support for up to two years to work on creative, multi-disciplinary research that complements the existing work of Stanford faculty in sustainable energy-related areas, or creates new research directions within the core topical areas of the TomKat Center.

Fellowship applicants develop and submit their research proposals but they must have a commitment from a Stanford faculty member confirming that they will sponsor and host them in their lab as a postdoctoral fellow.

**TomKat Center Postdoctoral Fellowships**

**Application portal is open. Applications are due July 31, 2020.**

Awards expected to be made during fall 2020

**Applicant Resources**

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**SCHOLARSHIP: $2,000 - Florida Stormwater Association - Deadline: August 7, 2020**

We are pleased to announce the availability of the Florida Stormwater Association Educational Foundation’s (FSAEF) Stormwater Scholarships for 2020! This year the FSAEF will be offering three $2,000 scholarships. Graduate students studying water quality, stormwater management or stormwater finance at a Florida college or university are eligible to receive the scholarship and are encouraged to apply.

The Florida Stormwater Association (FSA) is a non-profit, professional association of local governments, engineering and consulting firms, water management districts, and academic institutions that have an interest in stormwater management and finance. Its goals are to improve water quality and enhance the stormwater management profession in Florida. The FSA Educational Foundation is a parallel organization that supports FSA through stormwater research and the scholarship program.

The deadline to submit an application for this year’s Scholarships is August 7, 2020. Go to our Scholarship Page for information on the program and to complete the application form. We ask that you please make this information available to your students and departmental colleagues.

Danielle Hopkins, CMP
Executive Director
The office is dead! Long live the office in a post-pandemic world
Long live the office. AP Photo/Carolyn Kaster

Relationships need proximity

Beth Humberd and Scott Latham, University of Massachusetts, Lowell

Although we’ve seen numerous office epitaphs in recent weeks, we believe the pre-pandemic workspace isn’t going away anytime soon. Why?

Read story here.

SUMMER ACTIVITIES FOR KIDS

Resources for Occupying Kids During Quarantine

- May is National Bike Month - Bike Tallahassee
- Try YouTube Kids
- MagLab: Online Teaching tools, Zoom backgrounds and science distancing
- This is a cool site for setting your kids up at home to do hands-on STEM activities.
- And here’s a link to the virtual museum tours.

CLC Virtual Lessons | Kitchen Chemistry: Oobleck
Is it a solid? Is it a liquid? It's...oobleck! Spend a few minutes getting messy in the kitchen and making this unique substance out of common household ingredients. Liana walks us through the process step-by-step. It's easy enough to make time and time again - add different food coloring and make it your own!

Click here to stay engaged at home with virtual lessons from the Challenger learning Center team!

STRESS AND COVID-19

Coronavirus numbers confusing you? Here's how to make sense of them
In Irvine, Calif., a COVID-19 test is retrieved from a drive-in patient at Orange County Great Park. For four weeks, the testing station will see 520 patients per day. Getty Images / Allen J. Schaben

Turn on the TV news, or look at a news website, and you’ll see charts, graphics, and dashboards that supposedly indicate the latest with COVID-19 – statistics revealing the number of tests, cases, hospitalizations and deaths, along with where they happened and whether they are rising or falling.

Different stories are told depending on the dashboard. But one thing is certain: These indicators lag behind the actions we take, or don’t take, on COVID-19. As researchers who focus on public health, we can tell you that a fully accurate, real-time snapshot of the progress of the virus isn’t possible.

Read story here.

Florida’s COVID-19 Data and Surveillance Dashboard
Florida Department of Health, Division of Disease Control and Health Protection

Service Excellence: 12 Tips on Health and Wellness
To mitigate the spread of COVID-19 and protect the public health of our community, Leon County approved an emergency ordinance requiring face coverings scheduled to begin Thursday, June 25 at 12:01 a.m. As confirmed cases of COVID-19 continue to rise locally and statewide, the ordinance states that an individual in a business
establishment in Leon County must wear a face covering while in that business establishment.

A business establishment means a location with a roof overhead under which any business is conducted, goods are made or stored or processed or where services are rendered. The term “business establishment” also includes locations where non-profit, governmental, churches and quasi-governmental entities facilitate public interactions and conduct business. Also, as part of the requirement, all businesses must post a notice visible to all customers that face coverings are required while indoors. An example sign has been attached to this news release.

_Facial coverings are not required to be worn by the following persons:_

- Persons under the age of six years;
- Persons who have trouble breathing due to a chronic pre-existing condition or individuals with a documented or demonstrable medical problem. It is the intent of this provision that those individuals who cannot tolerate a facial covering for a medical, sensory, or any other condition which makes it difficult for them to utilize a facial covering and function in public are not required to wear one;
- Persons in their private rooms of a lodging establishment, such as a hotel, motel, or vacation rental—however, face coverings must be worn in all indoor commons areas of said establishment;
- Persons exercising while observing at least six feet of distancing from another person;
- Restaurant and bar patrons eating or drinking;
- Business owners, managers, and employees who are in an area of a business establishment that is not open to customers, patrons, or the public, provided that six feet of distance exists between persons.

_Read more here._

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_Safety Tip- How to Safely Wear and Take Off a Cloth Face Covering_
Flattening the mental health curve is the next big coronavirus challenge
The mental health crisis triggered by COVID-19 is escalating rapidly. One example: When compared to a 2018 survey, U.S. adults are now eight times more likely to meet the criteria for serious mental distress. One-third of Americans report clinically significant symptoms of anxiety or clinical depression, according to a late May 2020 release of Census Bureau data.

Read story here.

Resources for Living: Updated COVID-19 Resources

Support During National Civil Unrest

A range of emotional reactions is expected as the images and newsfeeds about the national civil unrest unfold. Knowing employees will be impacted by this in various ways, please know that Aetna Resources For Living is here to support you. Please see the attached resources available to you.

Take care and be safe!

Attached are the updated Coronavirus COVID-19 resources. The most recent information added is personal protective equipment resources. The Caregiver resource guide has also been updated with Virtual summer camps and online activities.

Here’s the latest update for the COVID-19 toolkit:

The COVID-19 Resource Center on the member website has been updated to have a new look and provide more resources from the site as well.

COVID-19 webinar recordings have been posted to the toolkit. The direct links are below. Another series of Coping with COVID-19 webinars will be added during May.

- Ways to keep CALM webinar | Transcript
- Ways to relieve stress during webinar | Transcript
- Challenges and tips for parents during COVID-19 | Transcript
- Staying connected during COVID-19 webinar | Transcript
- Managing COVID-19 anxiety and stress webinar | Transcript

Updated items under “For parents and children”:
Mindful living: Setting goals (for children) | Transcript
Healthy habits Children’s activity book – from Change Direction

A new section on managing finances:
- Managing finances during difficult times | En Español
- Ways to cut expenses while waiting out COVID-19

Section on self-care and mental health:
- The benefits of sleep
- The basics of nutrition
- Mindful living: Setting intentions | Transcript
- A mindfulness exercise | Transcript
- Destress at your desk | Transcript
- Healthy habits for emotional wellbeing | En Español – from Change Direction
- Visit the COVID-19 mental health resource hub on PsychHub
- Take a depression or anxiety check

New pieces under Workplace changes:
- Staying resilient through COVID-19
- Preventing fatigue and burnout during COVID-19

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Resources for Living

Weekly webinars
Join live webinars on topics such as communication, stress, self-improvement and more. You can also view webinars on demand from our webinar library.

Visit your member website to sign up for a webinar today.

Download the webinar calendar.
Employee Assistance Program Available Services

An important message from FSU Office of Human Resources

Florida State University values employees and the work that they do. Because of this, the Employee Assistance Program (EAP) was created in the spring of 1995 to improve the well-being of FSU employees by providing assistance through personal and/or workplace difficulties.

To ensure the health and safety of both counselors and clients during this emergency period, all services are being offered via phone and video. Requests for in-person appointments will be assessed on a case-by-case basis. EAP’s highest priority is to continue our commitment to FSU employees by providing the following services:

Confidential Counseling Sessions

Employees and their dependents have access to confidential and timely problem identification/assessment services. Through constructive confrontation, motivation, and short-term intervention with employee clients, these sessions address problems that affect job performance. When necessary, clients are referred for diagnosis, long-term treatment, monitoring, and follow-up services.

Confidential Supervisor Consults

Consultation, training, and support are available to those who manage employees seeking assistance (VP’s, Deans, Directors, Department Heads, Department Chairs, managers, and all other supervisory personnel). The goal is to enhance the employee’s work environment and improve job performance and satisfaction.

Mediation/Guided Discussion Services

Sometimes, parties need help to resolve their differences. When employees need help in resolving conflict, they may turn to the EAP Conflict Resolution Program which includes free, confidential Mediation and Guided Discussions to help resolve disputes.

Emergency Loan Fund (ELF) Program

EAP administers FSU’s Emergency Loan Fund (ELF) which was established to aid employees facing unexpected financial emergencies. If eligible, an individual may receive an interest-free loan of up to $1,500, which is repaid through payroll deduction. Additionally, EAP has partnered with Debt Management Credit Counseling Corporation (DMCC) to assist those in the FSU community who may be struggling with debt or wanting to increase their credit rating. DMCC has a host of resources that can assist you in regaining the road to financial solvency, including Debt Management Plans and Online Financial Literacy Programs.

Resources

EAP is available 24/7 to respond to any emergency. For assistance by phone, call (850) 644-2288 or toll free at (877) 246-4679. For assistance by email, please click here.

For tips on managing stress amid the COVID-19 pandemic, please read Coping with Stress and Anxiety during the Coronavirus.

Want to add something to the next issue? Email us! Deadline is Friday for Monday publication.